

# Create a Family Plan During COVID-19



1

## Create an alternate caregiver list

Set up roster of adults who can step in to provide childcare



## Prepare documents

Write letter authorizing caregiver to seek medical treatment for your child

2

3

## Write down special instructions

Leave "need-to-know" list for caregiver: allergies, medication, etc.



## Create a kid-friendly "go bag"

Pack bag with overnight essentials and personal items

4



A family plan template can be found at [bit.ly/occhildcare](https://bit.ly/occhildcare). For more information visit [ready.gov/pandemic](https://ready.gov/pandemic).